These reference entries include sources that may be cited in class. The purpose of this bibliography is to assist students in finding a source of information if the citation is not contained in the lecture notes or presentation decks. These sources vary widely in terms of their degree of scholarly value, ranging from publications in peer-reviewed scientific and professional journals to internet blog posts describing the personal experiences of individual authors. As a general rule when writing papers, students should cite only scholarly sources and peer-reviewed research.


[Note: Al-Anon Family Group Headquarters started moving its office from New York City, and opened its office for business in Virginia Beach on June 1, 1996].


Johnson, J. (2010, Spring/Summer). Real people, real programs, real change: What Twelve Step has to say about transformation (and why we should care). Conversations, 8.1, 58-63.


[The authors outline an Antidepressant Food Scale that lists 12 antidepressant nutrients linked to the prevention and treatment of depression: Folate, iron, long-chain omega-3 fatty acids (EPA and DHA), magnesium, potassium, selenium, thiamine, vitamin A, vitamin B6, vitamin B12, vitamin C, and zinc. On the Antidepressant Food Score (AFS), the highest scoring foods were bivalves such as oysters and mussels, various seafoods, and organ meats for animal foods. The highest scoring plant foods were leafy greens, lettuces, peppers, and cruciferous vegetables]


Miller, W. R., Baca, J. C’de, Matthews, D. B., & Wilbourne, P. L. (2001). Personal values: Card sort. Albuquerque, NM: The Center on Alcoholism, Substance Abuse, and Addictions. [The Center on Alcoholism, Substance Abuse, and Addictions (CASAA) is a multidisciplinary research center at the University of New Mexico.]


Perkinson, R. R., Jongsma, A. E., Jr., & Bruce, T. J. (2014). *The addiction treatment planner* (5th ed.). New York, NY: Wiley. [Note: This book is not required, but this edition or any of its previous editions will make the required Case Study/Treatment Plan easier to complete.]


Quay, H. C. (1993). The psychobiology of undersocialized aggressive conduct disorder: A theoretical perspective. Development and Psychopathology, 5, 165-180. [Herbert Quay discusses how an imbalance between the behavioral inhibition system (BIS) and the reward system (RS) may make negative feelings (i.e., fear and anxiety) produced by the BIS less apparent, while making the positive feelings (i.e., euphoria) produced by the RS more prominent in individuals with antisocial personality disorder.]


Resnick, B. (2018, August 16). 100 million Americans have chronic pain. Very few use one of the best tools to treat it. Retrieved from https://getpocket.com/explore/item/100-million-americans-have-chronic-pain-very-few-use-one-of-the-best-tools-to-treat-it [Brian Resnick discusses some of the most common etiological factors involved with pain (e.g., catastrophizing, central sensitization, “kinesthetic hallucination”). He discusses some of the most common cognitive behavioral therapy tools that psychologists use in helping people manage pain. Some of these tools include reducing catastrophic thinking,
using somatic tracking exercises, pain processing therapy, encouraging physical exercise, and so forth.]

Richmont Graduate University. (2019). *CED 6832: Addictions counseling: An integrative approach to assessment and treatment* [Course syllabus of William F. Doverspike]. Available at https://ecams.richmont.edu/


Schedules of Controlled Substances, 21 C.F.R. § 1308, 1312 (1999, July 2) [Volume 64, Number 127]


https://www.samhsa.gov/data/sites/default/files/DAWN2k11ED/DAWN2k11ED/DAWN2k11ED.pdf

[The Drug Abuse Warning Network (DAWN) was a public health surveillance system that monitored drug-related hospital emergency department visits in order to report on the impact of drug use, misuse, and abuse in metropolitan areas and across the nation. DAWN was discontinued in 2011, but SAMHSA has subsequently developed other sources of data on drug-related emergency visits.]


Taylor, M., Mackay, K., Murphy, J., McIntosh, A., McIntosh, C., Anderson, S., & Welch, K. (2012). Quantifying the RR of harm to self and others from substance misuse: Results


Wilson, B. (1967). The Vitamin B-3 therapy: The first communication to AA’s physician.

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Wilson B: The Vitamin B-3 therapy: The first communication to AA’s physicians and a second communication to AA’s physicians, 1967 and 1968.


the behavioral and neurophysiologic olfactory response to ethanol odor in early postnatal and adult rats. *Behavioral Neuroscience, 121*(6), 1293-1305.

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