

## **DSM-5-TR / ICD-10 / ICD-11 Workshop Descriptions**

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These are some of my most popular workshops. Empirical references, research components, diversity components, and learning objectives are available for each workshop. I tailor training to suit the specific needs of organizations, including 3-hours, 4-hours, or 5-hours, depending on the depth of training. DSM and DSM 5™ are registered trademarks of the American Psychiatric Association (APA), which is not affiliated with nor endorses these seminars. ICD is owned and copyrighted by the World Health Organization (WHO), which is not affiliated with nor endorses these seminars.

**DSM-5-TR and ICD-10 for Mental Health Professionals: Overview** **[Introduction]**

This training consists of a general description of major changes in the DSM-5-TR organizational structure with some specific focus on new disorders and changes to existing disorders. The seminar includes diagnostic-specific comparisons among DSM-IV, DSM-5-TR, and ICD-10. Ten case examples are used to demonstrate coding using nonaxial systems and how to cross-walk between the DSM-TR and ICD-10 numeric and alpha-numeric codes.

**Introduction to the DSM-5-TR: Conceptual Overview and Practical Application** **[Introduction]**

This training consists of an overview of empirical research and organizing principles that contributed to the development of the DSM-5-TR. There is a general description of major changes in the DSM-5-TR organizational structure. There is a specific focus on the new disorders as well as changes to existing disorders. The seminar informs participants about the ICD-10 and its relationship to DSM-5-TR.

**Introduction to the ICD-10-CM: Conceptual Overview and Practical Application** **[Introduction]**

This training consists of a description of the development and application of the ICD-10. There is a comparison of the ICD-9, ICD-10, and DSM-5-TR, including examples of General Equivalency Mapping between ICD-9 and ICD-10. The seminar will focus on the relationships between the DSM-5-TR, ICD-10, and the ICD-10-PHC. There will also be a discussion of current ICD-11 proposals. With a U.S. Department of Health and Human Services compliance date of October 1, 2015, there is also a focus on implementation of ICD-10-CM. ICD-11 was presented at the World Health Assembly in May 2019 for adoption by Member States, and will come into effect on January 1, 2022.

**DSM-5-TR Coding and Cross walking to ICD-10 and ICD-11** **[Advanced]**

This training is focused on cross walking the narrative diagnoses and numeric codes of the DSM-IV and ICD-9 disorders to the narrative descriptions and alpha-numeric codes of DSM-5-TR and ICD-10. There will be discussion of ICD-10 diagnoses for which there are no corresponding DSM-5-TR categories. There will be discussion of ICD-11 proposals and the implications for future diagnostic conceptualization and coding.

**From DSM-IV to DSM-5-TR to ICD-10 to ICD-11: Coding Examples** **[Advanced]**

This training is a follow-up to the Introduction to DSM-5-TR workshop. Whereas the introductory workshop provides an overview, the advanced workshop focuses on mechanics of coding with DSM and ICD. The seminar includes diagnostic-specific comparisons of the DSM-5-TR, ICD-9, ICD-10, and ICD-11. Ten case examples are used to demonstrate how to cross-walk between the numeric and alpha-numeric codes as well as between multiaxial and nonaxial classifications.

**From DSM-5-TR to ICD-10 and ICD-11: Clinical Case Examples** **[Advanced]**

This training is designed as a basic introduction to DSM-5-TR and ICD-10 diagnostics using clinical cases. Basic understanding of DSM-IV is recommended but not required for registration. Video segments from five clinical cases are used to demonstrate how to formulate a diagnosis and cross-walk between the DSM-5 and ICD-10 systems. The training also includes a group exercise using the World Health Organization's (WHO) Disability Schedule (DAS 2.0)

**Top Ten Questions on the DSM-5-TR and the ICD-10: Interactive Training** **[Advanced]**

This training consists of an interactive dialogue with the presenter. There is discussion of 10 of the most common questions encountered in DSM-5-TR and ICD-10 training. Time is also allotted for questions of workshop participants. This workshop is designed for participants who enjoy interactive dialogue more than lecture format.